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Introduction

This document presents a compilation of Christ the King parish ministries and services, which take many forms (see 1 Corinthians 12:14). We are ALL important in serving our Lord and in forming the Body of Christ in the world!

This compilation of ministries and services presents the activities and outreach of the parish in a consistent format. You will find information about the following:

- Christ the King Parish Priests, Office Staff, and Deacons
- Parish Liturgical Ministries
- Parish Religious Education
- Spiritual Ministries
- Parish Services
- Parish Social and Recreational Activities
- Christ the King School
- Associations Related to the Parish.

Within each of these categories are several subdivisions (refer to the Table of Contents). Please look through the many opportunities you have to join in the work of the church in the world, to increase fellowship with your parish family, and to develop your knowledge of the faith and your practice of its spirituality. We hope you will find the information in this compilation helpful in accessing the sacraments and services of the church.

God has given each one of us talents to share as we go along serving others in life. Whatever YOU can share with our parish community and the whole church is important and makes a difference.

Christ the King Parish Priests, Office Staff, and Deacons

Our priests and deacons are supported by the parish office staff (and other staff as listed throughout this compilation). The parish office is open Monday – Friday from 8:30 a.m. to 4:30 p.m. If no one is available when you place a call, please leave a voice message and someone will return your call as soon as possible. (To reach a priest in an emergency, please call the emergency phone: 509-539-9972.) The contact information for the priests and the parish office staff is as follows:

<i>Title</i>	<i>Name</i>	<i>Phone</i>	<i>Email</i>
Pastor	Fr. Tom Champoux	946-1675 ext. 241	frtom@ckparish.org
Assistant Pastor	Fr. Van Nguyen	946-1675 ext. 243	frvannguyen@yahoo.com
Assistant Pastor	Fr. Teodulo Taneo	946-1675 ext. 242	frtaneo@ckparish.org
Parish Office		946-1675	
Parish Secretary	Erin Gaston	946-1675 ext. 244	erin@ckparish.org
Parish Receptionist	Maria Clossey	946-1675 ext. 238	maria@ckparish.org
Accounts Receivable	Barb Sisk	946-1675 ext. 240	barb@ckparish.org
Bookkeeper	Michelle Wittreich	946-1675 ext. 233	michelle@ckparish.org

For Mass schedules and all other parish news, please take home a copy of the Sunday bulletin and/or visit the parish website: www.ckparish.org. To submit announcements for the Sunday bulletin, deliver a written copy to the parish office or email it to bulletin@ckparish.org. An electronic copy of the bulletin is posted each week on the parish website.

We are blessed to have eight deacons in our parish! A description of the role of the deacon in the Catholic Church follows the contact information below:

<i>Deacon Name</i>	<i>Phone</i>	<i>Email</i>
Al Rizzo	375-0446	alfred.rizzo@charter.net
Bob DaValle	946-6281	davalle@clearwire.net
LeRoi Rice	943-6296	Prefers phone call
Mikhail Alnajjar	627-4680	alnaj05@msn.com
Dor Collado	375-0566	deaconcollado@ckparish.org
Tom Huntington	943-0535	RFDTom@gmail.com
Alfredo Jocson	628-2860	deaconjocson@ckparish.org
Ross Ronish	627-6484	RCIA@ckparish.org

A deacon prepares four to five years for ordination, and serving as a deacon is a permanent state. An ordained deacon is to be a servant to everyone, following Christ's example of a servant, and a deacon is to be a herald of the Gospel. A deacon is commissioned to serve at Mass, prepare the altar for Mass, read the Gospel, deliver a homily, and lead Eucharistic adoration services and prayer services from time to time. Other functions performed by the

deacons can include officiating at marriages, funeral services, Communion services, and baptisms, and they are often asked to bless items for individuals and perform tasks in support of the Bishop and the Pastor as requested.

Deacons serve as advocates at the diocesan Office of Canonical Concerns and respond to calls from the hospital. Deacons may not celebrate Mass, hear confessions, anoint the sick or confirm. A deacon assists in marriage preparation by meeting with the engaged couple for a series of discussions. In addition, deacons are encouraged to serve society in some way that may not be directly tied to the Church. Each deacon finds his own way in this regard. Following is a brief description of how the deacons at Christ the King have chosen to serve.

Al Rizzo serves in the jail ministry at the Benton County Jail, and he holds a Eucharistic service weekly at the Wynwood Retirement Living center (1629 George WA Way). Al has also served as the Director of the Tri Cities Food Bank.

Bob DaValle serves in the adult education area as the instructor for Baptism classes, which are held one evening each month, serves on the team for Catholics Come Home, speaks at the RCIA program, and he provides church tours for students and adults. He ministers to the sick at Kadlec Medical Center on Fridays, visits Catholics at the Richland Rehab and Eagle Assisted Living facilities every other Wednesday, and he does home visitation on Mondays.

LeRoi Rice served as the spiritual director for St. Vincent de Paul within the parish and he has served as RCIA leader for the parish. LeRoi serves on the parish social justice and peace committee, and he helps out with religious education when asked. He and his wife visit Catholics in the hospital once a week, and will distribute the Holy Eucharist if desired, and he visits parishioners who are unable to leave their homes.

Ross Ronish is the coordinator for Rite of Christian Initiation of Adults (RCIA) and meets with the candidates and their sponsors regularly during the training. Ross is pursuing training to become an advocate in annulment cases.

Mikhail Alnajjar serves in the jail ministry at the Benton County Jail, Benton/Franklin Juvenile Justice Center, and Walla Walla prison where volunteers go to visit with inmates bringing compassion and the healing power of God to them. More information regarding this important ministry is available in the Parish Services – Catholic Christian Jail Ministry.

Dor Collado visits parishioners and brings Communion to those who are homebound or reside at retirement homes. Dor also serves in the Marriage Preparation program by meeting with engaged couples as they prepare for marriage. Before becoming a deacon, Dor and his wife, Rose, served as a presenting couple at Engaged Encounter for many years.

Alfredo Jocson officiates at the Adoration and Exposition of the Blessed Sacrament held in the Chapel on Sundays. Alfredo serves as the volunteer chaplain at Lourdes Medical Center, ministering to people of all denominations, and he brings Communion to Catholics at Kadlec Medical Center.

Tom Huntington serves as the contact person and coordinator for the Young Adults (ages 18-35). More information on this ministry is in the Parish Social & Recreational section. Tom is also with the Richland Fire Department Chaplaincy, (a function of the Tri-Cities Chaplaincy). As such, Tom comes in behind the fire department to talk with the people directly affected by the casualty and remains with them until other personal support services arrive.

All of the deacons have responded to calls for hospital visits when a priest was not available.

Parish Liturgical Ministries

Oversee and Coordinate: Emilia Jasen

Home: 627-3531

Cell: 521-8848

Yvonne Sherman

783-1591

Email: ysherman@clearwire.net

To ensure the five liturgical ministries run smoothly, the coordinators provide oversight to each of the ministry contacts. They provide support when there is a question on procedure, and ensure liturgical support for special Masses throughout the year, funerals, Lenten and Holy Week services, etc. These points of contact are available to anyone serving in one of the following liturgical ministries, should the specific contact person not be available:

Altar Servers

Extraordinary Ministers of the Eucharist

Lectors

Master of Ceremonies

Ushers/Greeters

Altar Servers

Contact info: Father Van Nguyen – 946-1675 or email: frvanguyen@yahoo.com
Scheduling: Kent Meline – 628-2849 or email: kent.meline@BASF.com

Description: Altar Servers assist the priest in the celebration of the Mass and other liturgical services. Altar servers are part of a liturgical team, and as such the Master of Ceremonies (M.C.) and other servers are there to help them learn their duties.

Boys and girls who have completed fourth grade and/or are 10 years of age and have received the sacraments of Baptism, Reconciliation and Holy Eucharist are eligible to participate as Altar Servers. As with all liturgical duties, it is an honor to be able to serve.

Training for this ministry is provided at various times throughout the year. Anyone interested in serving as an Altar Server can obtain a training schedule form by contacting Fr. Van or the parish office at 946-1675, or online at www.ckparish.org.

A strong effort is made to accommodate vacations and sports schedules when the Altar Server schedule is drawn up. If advance notice is given to Kent, he will try to schedule people accordingly.

Physical Considerations: Mobility, light lifting, an ability to follow directions, and timeliness.

Time commitment: Must be able to adhere to a schedule and be responsible for securing a substitute when not able to serve at a scheduled time. Generally requires arriving 10-15 minutes before the scheduled Mass.

Extraordinary Ministers of the Eucharist

Contact info: Maria Roach – interest and training
545-4979
Email: roozenroach@gmail.com

Claire Meline – scheduling for Masses
628-2849
Email: clairemeline@gmail.com

Description: Men and women of the parish are invited to serve as Extraordinary Ministers of the Eucharist to assist in distributing Holy Communion in both forms, the precious Body and Blood of Our Lord, during all Masses. High school students who have received the sacrament of Confirmation are also invited to serve in this ministry. Extraordinary Ministers must be commissioned by the pastor to distribute the Eucharist to Catholics who are unable to attend Mass due to confinement to their homes, the hospital, retirement homes, or nursing homes.

Anyone interested in serving in this ministry is asked to call the contact persons. A spiritual and theological training session is held several times a year, along with practical training on how the duties are to be performed. After completing the training, there is a commissioning. Administering the Holy Eucharist to our brothers and sisters in Christ requires the utmost care and reverence, and as such, is not to be taken lightly.

Physical Considerations: Mobility, stability while going up and down steps, ability to serve according to a schedule, obtaining a substitute when necessary, and transportation for serving those who cannot come to church.

Time commitment: Generally requires a few hours per month.

Lectors

Contact info: Bob Carosino
375-0460
Email: bobbcar@msn.com

Description: Lectors serve as readers of the word of God at each Mass and other liturgical services throughout the year. The word of God, as proclaimed in the sacred Scripture, lies at the heart of our Christian life and is integral to all liturgical celebrations. The ministry of the Lector is important to the life of the Church, as people are called to faith and love as the words from Scripture are heard.

Men and women of the parish, including high school students, are invited to serve as Lectors. This ministry provides an opportunity to serve others using clear speaking skills with an emphasis on reverence for the Scriptures that are being read. Serving in this ministry builds confidence in speaking before a group of people. Anyone interested in being a Lector is invited to call the contact person and sign up for a scheduled training session. After the training is completed, a special blessing is given to the new Lectors.

Physical Considerations: Mobility, ability to read slowly and clearly with good diction, capable of serving according to a schedule and obtaining a substitute when necessary.

Time commitment: Generally requires a few hours per month.

Master of Ceremonies

Contact info: Yvonne Sherman
783-1591
Email: ysherman@clearwire.net

Description: The Master of Ceremonies (M.C.) prepares for the celebration of the Eucharist. Preparation before Mass includes having the chalices, cups, Sacramentary, Lectionary, unconsecrated hosts and wine, hand-washing needs and altar cloths ready for the Eucharistic celebration. During the Offertory, in preparation for the Eucharistic Prayer, the M.C. sets up the altar for the celebrant with the pall, purificator, corporal, empty chalices and unconsecrated hosts. After Mass, the M.C. returns to the altar to clear away the used vessels and purificators and returns them to the sacristy for cleaning.

In addition, the M.C. ensures there are Altar Servers and Eucharistic Ministers assembled and ready for the Mass. M.C.s are scheduled for the Mass times they prefer to attend.

Men and women of the parish, including high school students, are invited to serve in this ministry. Training sessions are held throughout the year on an as-needed basis. Upon completion of the training, the new M.C.s are commissioned at a Mass. All interested volunteers are invited to call the contact person to sign up for the training.

Physical Considerations: Lifting a medium weight tray, walking, stability going up and down steps, capable of serving according to a schedule and obtaining a substitute when necessary.

Time commitment: Generally requires a few hours per month.

Ushers/Greeters

Contact info: Bob & Ann Parazin
946-6363
Email: paragon@charter.net

Description: The Usher/Greeter ministry extends a warm hello to all those arriving for Mass on weekends and assists people in finding a place to sit while attending Mass or other church services. If there are materials to be handed out to the congregation, questions to be answered by those entering the church, or directions needed, Ushers will assist. In addition, if someone attending Mass needs to have the Holy Eucharist brought to them because they are unable to walk to the sanctuary, Ushers will alert the presiding Priest of this need near the end of Communion time. The Ushers are also responsible for collecting offerings from the congregation during Offertory.

Men and women of the parish, including high school students, who have a willing smile to share, are familiar with the physical layout of the church and enjoy welcoming others can volunteer for this ministry. It can be a great way to start each weekend! A training session is offered various times throughout the year.

Physical Considerations: Light lifting, mobility, a pleasant personality and the ability to follow a schedule and obtain a substitute when necessary.

Time commitment: Generally requires arriving 20 minutes prior to the start of the scheduled Mass.

Music Ministry

Contact info: Donna and Mike Horstman
946-1675, ext 239 or 943-6183
Email: horstmanmd@charter.net

Description: The goal of the music ministry is to invite and encourage the congregation in full, conscious and active participation in the worship services. Music in liturgy is very much a part of the fabric of our worship. Since Vatican II, the Church in this country has explored a deepening awareness that a variety of musical styles can be of service to the liturgy. Here at Christ the King a variety of musical expressions is offered at the Masses throughout the year. Those involved in this ministry strive to make everyone feel welcome at any liturgy and find a musical style that best moves them to join heart and mind with everyone in prayer and song.

Everyone in the parish is invited to participate in the music ministry. All those interested can contact either Donna or go directly to the leader of the choir that interests them. Those involved in the music ministry pride themselves on being a fun bunch with an open, welcoming feeling that spreads throughout the following groups:

- Cantors
- Traditional Choir
- Contemporary Ensemble
- LIFE TEEN Choir
- KPG (Kids Praising God) Choir
- Resurrection Choir
- Christmas Choir
- Instrumentalists
- Weddings

Rehearsals for the various groups take place inside the church and most groups practice on a weekly basis.

Physical Considerations: A love of music, mobility and available transportation.

Time commitment: Generally requires several hours per month.

Kids Praising God Club (Children's Choir)

Contact info: Sheila Zilar Gephart

943-5409

Email: sgephart@ckschool.net

Description: The Children's Choir is open to boys and girls from 2nd grade to 8th grade who are members of CK parish. Rehearsals are on Wednesday evenings from 6 – 6:55 p.m. at Christ the King church, and the choir leads the congregation in music at one weekend Mass each month, and presents a musical to the public in the spring of the year.

Anyone interested in joining the Children's Choir is encouraged to contact Sheila.

Physical Considerations: having a love to sing and being able to attend rehearsals

Time commitment: Generally requires several one hour per week during the school year.

Sacristan

Contact info: Jan Jacobus

943-4979

Email: latenite1230@frontier.com

Description: The ministry of the sacristan is to care for the tabernacle, sacristy, linens, albs, vessels, candles and general church area used in the worship services. This “behind the scenes” ministry includes changing out and cleaning the altar linens, ordering and caring for the candles used in the sanctuary, ordering the wine and hosts, cleaning all vessels used during the Masses, maintaining the sacristy, the credence table, the area around the tabernacle, and general cleanup of the foyer. The sacristan assists volunteers to ensure that all materials are ready and available when needed for worship services.

The ministry is open to adults and youth of the parish. Much of the work is done on Saturday mornings in preparation for the weekend services.

Physical Considerations: Mobility, ability to do light lifting.

Time commitment: Can be tailored to volunteer’s schedule, but generally requires a few hours per week.

Liturgy Environment

Contact info: Dianna Propson
375-4094
marooned@charter.net

Description: The Liturgy Environment ministry works on the décor of the interior of the church building. This environment begins in the foyer, and extends to the Gathering Space and to the sanctuary. The ministry works under the guidance of one of the pastors, and seeks to maintain a welcoming atmosphere while keeping within the themes of the liturgical calendar. Throughout the year, the ministry includes preparing floral arrangements for the sanctuary and chapel, maintaining greenery in the foyer, providing wall art for the Gathering Space, and decorating for special seasons including Advent, Christmas, Lent, Easter, and Pentecost.

In addition, the Liturgy Environment includes having the appropriate linens placed on the ambo and altar, as these cloths complement the liturgical season. Due to the nature of this aspect of the ministry, it is best handled by a consistent team.

Participants: The ministry is open to anyone who enjoys working with flowers and decorating. For the Easter and Christmas season, a notice is printed in the bulletin inviting volunteers to assist with these special seasons. Both youth and adults can participate in this ministry by calling or emailing the contact person.

Physical Considerations: Walking, ability to go up and down a full flight of stairs, some lifting.

Time Commitment: The time spent on this ministry depends on the liturgical season, generally several hours per month.

Parish Religious Education

Title	Name	Phone	Email
Religious Education Coordinator	Lori Wasner	946-1154 ext 224	lori@ckparish.org
Early Childhood (3 yr-grade 1)	Michelle Portch	946-1155 ext 232	michellep@ckparish.org
Elementary (gr 2-5)	Jean Rieb	946-1155 ext 225	jean@ckparish.org
Middle School (gr 6-8) Activities and Website	Melissa Montenegro	946-1155 ext. 234	melissa@ckparish.org
High School (gr 9-12) LIFETEEN	Mary Seidler	946-1155 ext 228	mary@ckparish.org
Vacation Bible School (VBS)	Michelle Portch	946-1155 ext 232	michellep@ckparish.org
Adult Education	Kay Kaffer	946-1155 ext 222	kay@ckparish.org
Rite of Christian Initiation of Adults (RCIA)	Ross Ronish	627-6484	rcia@ckparish.org
First Communion Preparation	Lori Wasner	946-1154 ext 224	lori@ckparish.org
Confirmation Preparation	Mary Seidler	946-1155 ext 228	mary@ckparish.org
Christian Initiation for Children (CIC)	Kay Kaffer	946-1155 ext 222	kay@ckparish.org

Many dedicated volunteers are needed in the Religious Education ministry. Anyone, youth to adult, interested in serving in this ministry is encouraged to email or call the contact person.

Early Childhood meets during the 9:30 a.m. Sunday Mass and is for 3 year olds (by August 31) through 1st grade. The program emphasizes awareness that God is our Father and Creator, who knows us and loves us always; God has called us by name and we belong to Him. The children are introduced to stories from the Bible, participate in various forms of worship to honor and praise God, become aware that they are members of Christ the King Catholic Church, and become familiar with the symbols, signs and traditional prayers of the church.

Grades 2-5 meet Wednesday evenings from 7 – 8 p.m. The objectives for each grade build on what was learned in the previous grade. Second graders learn the Mass and prepare for the Sacraments of Reconciliation and Holy Eucharist. Third graders learn what it means to be a Catholic Christian and who and what makes up the Catholic Church. Fourth graders are taught the meaning of conscience and the Ten Commandments, the corporal and spiritual

works of mercy and the Beatitudes. Fifth graders grow in understanding of the Supreme Sacrament of Jesus revealing God to us and that the church is the Sacrament of Jesus. They study the seven Sacraments of the Church, the liturgical year, and the Creed.

Christian Initiation for Children is designed for those children who have not received their sacraments (Baptism, Reconciliation, or Holy Eucharist) by the fourth grade. There is parent orientation on a Wednesday evening in September, and parent/guardian and child meet with Kay Kaffer once a month beginning in October for sacrament preparation.

Middle School religious education classes meet Wednesday nights from 7 – 8 p.m. There is a specific curriculum available for each grade level. Currently, workbooks and other supplemental material are from Harcourt Religion Publishers and the Sadlier Company. This curriculum is supplemented with units on Morals and Maturation, Advent Service Projects, the Mass, and other topical interests of the students relating to their faith and parish community. In addition to the regular curriculum, on occasion, the entire middle school group meets in the CK gym to spend a “youth-group-style” hour together. This hour is planned and implemented by a group of high school students. This is an opportunity to faith share and have fun in a large group setting. The CK school students are invited to these fun nights with a goal of building relationships within our parish students. These “fun nights” are referred to as MSMFN nights (Middle School Mandatory Fun Nights). Those involved with middle school religious education strive to build, foster and deepen students’ individual relationship with Jesus Christ, their Catholic faith, family and our community.

Middle School Youth Group (MSYG) provides fun-filled activities for all youth in the 6th, 7th and 8th grades, regardless of their church affiliation. All attendees are encouraged to bring a friend to participate in activities such as game nights, holiday parties, service projects, skate nights, and bowling nights. Events are held once a month on a Friday night in the Youth Center from 6 – 8 p.m. and are chaperoned by a group of dedicated adult volunteers. For more information about the MSYG activities, please refer to the website: www.ckmsyg.com

High School – LIFETEEN has a goal to give every teen who walks through the doors of Christ the King an authentic experience of Christ Jesus. One way LIFETEEN tries to accomplish this is through the high school youth nights called Life Nights. Life Nights are open to all high school teens and take place on Sunday from 7 p.m. – 8:30 p.m. in the Gathering Space. This follows the Youth Mass on Sunday at 6 p.m., where the high school youth attend and/or participate in different roles of the Mass.

Teenagers find Life Nights an inspiring place to fellowship with other young Catholics, as well as a place where they can foster a sacramental relationship with Christ. Life Nights are energetic and engaging catechetical sessions. Core team members facilitate each Life Night, developing relationships with the teens and leading them closer to Christ.

Vacation Bible School is a one-week Catholic-based Bible school program offered during the summer for children ages four through 5th grade.

Adult Education includes a variety of programs for spiritual and personal growth. Examples of these programs are Bible Study classes (held during the day and evenings), prayer experiences in grief situations, Liturgy of the Hours classes, Contemplative Prayer, and 15 Days of Prayer, to name some. Parish missions are provided once a year with an outside speaker presenting both day and evening sessions on various spiritual topics. Parish missions are held in the church and can accommodate a large number of participants.

Kay Kaffer, Adult Education coordinator, welcomes ideas for more programs or classes. Anyone with a suggestion and willingness to help present or facilitate should contact Kay. Everyone is encouraged to become involved by taking a class.

Other specific programs in Adult Education include Catholics Come Home and Rite of Christian Initiation of Adults (RCIA).

Catholics Come Home is an adult program intended to be a journey of sharing together in the rediscovery (or discovery) of the true roots of our faith: a loving and forgiving God. Some left the Catholic Church because of alienation, some because of hurt, and some because of broad dissatisfaction. The reasons are as varied as those who have left. People return for many reasons, but always with someone's help.

Catholics Come Home offers a loving hand and ear, with eight weekly meetings, beginning in January. Together people travel through the process of understanding the Catholic faith and finding the merciful, caring Father who is our God. The inquiry sessions and updates on the church's teachings facilitate re-entry to the church.

Everyone is encouraged to participate in this ministry by bringing someone they know into the program. Please email or call Kay Kaffer for more information.

Rite of Christian Initiation of Adults (RCIA) is "designed for adults who after hearing the mystery of Christ proclaimed, consciously and freely seek the living God and enter the way of faith and conversion as the Holy Spirit opens their hearts." RCIA meets every Thursday night from 6:30 – 8:30 p.m. in the Multi-Purpose Room. Any adult (unbaptized or baptized in other Christian denominations) seeking to join the Roman Catholic Church, is encouraged to contact Ross Ronish. RCIA is also for those who were baptized Catholic but did not complete catechesis or receive the other sacraments.

Everyone is encouraged to participate in this ministry by bringing someone into the program.

Christ the King Parent Nights are sponsored by Elementary and Middle School Religious Education programs and Christ the King School's Home and School Association. Valuable information and encouragement for ALL parents of school age children is offered during these classes.

Parent Nights are held on the second Wednesday of each month (October through April) from 7 – 8 p.m. in the school computer lab. Visit the CK school website for topics for the current year. www.ckschoolrichland.org

Spiritual Ministries

Benedictine Spirituality

Contact info: Joyce Jungles
375-1308
joyce.jungles@clinecom.net

Betsy Owczarski
430-1962
owczarski@frontier.com

Description: “Listen, O my son, to the precepts of the master, and incline the ear of your heart..” These opening words of the Rule of St. Benedict capture the essential purpose of the Benedictine Spirituality Group at Christ the King. At the monthly meetings, a portion of the Rule is read aloud (thus listening with ears as well as minds). There is reflection on its application to daily life, and discussion on the insights the reflection has brought to mind. Included in the meetings is Evening Prayer, or Vespers, and Night Prayer, or Compline. This structure engages participants in two Benedictine spiritual practices: Lectio Divina and Opus Dei, or the Work of God. Lectio is a method of prayer that involves 1. reading, 2. meditating, 3. listening, and 4. contemplating. The Work of God for monastics is to pray and praise God throughout the day by reciting (principally) the Psalms. Obedience (which has as its root meaning “to listen”), stability, and conversion of life: these are the precepts of Benedictine monastic life. Participants seek to apply these same precepts to daily life as lay Christians.

Everyone is welcome to join the Benedictine Spiritual ministry. Hospitality is another Benedictine virtue. Just come! Anyone interested is encouraged to call the contact person with any questions.

Physical Considerations: None.

Time commitment: Meetings are on the second Thursday of each month, beginning with Vespers for Peace at 5:30 p.m. in the Chapel, and continuing in the Children’s Chapel at about 6:00 p.m.

Lay Carmelites

Contact info: Rebecca Moak
627-0143
Email: rmoak@catholicexchange.com

Description: “The word of the Lord came to Elijah saying, ‘Depart from here and go towards the East and hide yourself in the Wadi Carith which is over against the Jordan there you will drink of the torrent and I have commanded the ravens to feed you there’” (1Kings 17:2-4)

This call from God to Elijah, the spiritual father of the Carmelites, is also the call to those persons called to the Carmelite vocation. This includes a call to be: detached from things that we put higher than God; to move away from sin; to find solitude for prayer; to love; to contemplate; and to persevere. The Call to Carmel is achieved through a call to prayer, a call to community, and a call to service.

The Lay Carmelites of Christ the King Parish is a lay branch of the Third Order Carmelites. The community supports the members in learning and practicing Carmelite Spirituality through monthly community meetings and formation instruction.

If a person is discerning a call to Carmelite Spirituality, they attend a year of initial formation, then two more years of formation to make temporary promises, then another three years before making final promises. Members of any Catholic parish in the area are welcome.

Assistance is available in obtaining the Brown Scapular of our Lady of Mount Carmel. The Carmelites can provide one with a scapular and information on this devotion and arrange enrollment.

The Carmelites can also assist with Liturgy of the Hours by purchasing a book and teaching one how to pray the hours. The Carmelites pray the hours after the 6:30 a.m. and 8:00 a.m. daily Masses. They also pray for the parish, the ministries within the parish, and priests. The Carmelites teach the Divine Office Classes, a 10-12 week session. Details on this class can be found in the weekly bulletin and they are available by calling Rebecca.

Anyone interested in finding out more about the Carmelites is encouraged to contact Rebecca.

Physical Considerations: None.

Time commitment: One to two hours per day, depending on the participant’s schedule.

Couples for Christ

Contact info: CFC Washington

Willy & Miriam Zaragoza

CFC Washington State Coordinators

(509) 627-1853

ustmed82z@charter.net

Rolly & Nila Fajilan

CFC Regional Director

(408) 455-2451

chaseroco@aol.com

Description: Couples for Christ (CFC) is a movement intended for the renewal and strengthening of Christian family life. It is an association of Christian couples who have committed themselves to the Lord and to one another, so that they may grow into maturity as men and women of God and fulfill their primary vocation of raising up their families under the lordship of Jesus Christ and for the service of the Kingdom of God. Couples for Christ is a work of Christ which raises up Christian couples and establishes Christian families committed to the work of evangelization and winning the world for Christ through the power of the Holy Spirit. It grows mainly through the establishment of localized units in different parishes.

Physical Considerations: None.

Time commitment: Those who want to join CFC go through a seminar which is called a Christian Life Program (CLP). The CLP starts with an orientation session, then goes through 12 weekly meetings, thus involving a total time period of 3 months. The weekly meetings are usually held in the evenings and last about 2.5 hours per session.

Cursillo Movement

Contact info: Judy Kitchen
628-3428
Email: momkitch@aol.com

Description : Cursillo is both a movement and a method. There is both an immediate purpose and an ultimate one. The immediate purpose is to help persons live what is fundamental for being a Christian – love of God and love of neighbor, experienced through three encounters: the encounter with oneself, the encounter with Christ, and the encounter with others. The ultimate purpose is to establish Christianity in society by living it in daily life. The goal of the movement is not about “preaching the Good News” and becoming Evangelicals, but becoming the Good News and in a natural way the actions will become evangelical in daily life.

It starts with three days of focus on the person and teaching of Jesus Christ. During these three days the Cursillistas live and work together, listening to talks given by priests and lay people. They also attend Mass, receive Communion, pray the Rosary and visit the Blessed Sacrament. The community spirit and support is continued after the three days through reunions of small groups called fourth day groups and large ULTREYA groups. Cursillo is a means of finding inspiration, direction and support for one's Christian life, and is open to all adult Catholics.

Physical Considerations: None.

Time commitment: Depends on the individual; weekly fourth day meetings are held at church or someone's home. And monthly ULTREYA.

Engaged Encounter

Contact info: Frank and Tracy Becker
627-1076
Email: fwsucougs@frontier.com

Description: The Engaged Encounter begins with a weekend retreat for couples who are planning to get married. This retreat provides an opportunity, free of daily pressures and interruptions, for all couples planning marriage to talk freely and honestly about their future together, and how they will include God in their married life. The Engaged Encounter weekend is a requirement for all couples who would like to be married at Christ the King church.

If you are interested in participating in an Engaged Encounter weekend, or joining the ministry team in presenting the weekend retreat, please call the contact couple.

Physical Considerations: None.

Time commitment: One weekend for sure, with opportunities for follow-up get togethers.

Marriage Encounter

Contact info: Susan and Rick Zimmerman
627-4235
Email: rzimfam@charter.net

Description: Worldwide Marriage Encounter offers a weekend experience designed to give married couples the opportunity to learn a technique of loving communication that they can use for the rest of their lives. It is a chance to look deeply into their relationship with each other and with God. It is a time to share their feelings, hopes and dreams with each other. The emphasis of the Marriage Encounter weekend is on the communication between husbands and wives. The weekend provides a conducive environment for couples to spend time together, away from the distractions and tensions of everyday life, while encouraging them to focus on each other and their relationship. It is not a retreat, marriage clinic, group sensitivity, or a substitute for counseling. It is a unique approach aimed at revitalizing Marriage.

This is a time for you and your spouse to be alone together, to rediscover each other and together focus on your relationship for an entire weekend. Every marriage deserves that kind of attention!

Anyone interested in finding out more about Marriage Encounter is encouraged to call the contact couple for information on when and where the next Marriage Encounter weekend is scheduled.

Physical Considerations: None – child care is made available, if needed.

Time commitment: One weekend, and there are follow-up get togethers which are optional to attend.

Prayer Chain

Contact info: Kay Fox
375-0117

Cathy Exarhos
375-1808
prayerchain@ckparish.org

Description: If you need prayers for anything - healing, difficult relationships, for example, the prayer chain can help. Prayer chain requests are passed along to the prayer chain group who then pray individually for your intentions.

If you would like to participate in this ministry as someone who prays for others, please call a contact person. This ministry is open to adults and youth.

Physical Considerations: None.

Time commitment: Generally requires a few hours per month.

Retrouvaille

Contact info : Ben and Berta Garrity
946-5702 or 1-800-470-2230
Email: inlandnw@retrouvaille.org
Visit website: www.retrouvaille.org

Description: The word *Retrouvaille*[™] (pronounced re-tro-vi with a long i.) is a French word meaning rediscovery. The *Retrouvaille* program offers tools needed to rediscover a loving marriage relationship. Thousands of couples headed for cold, unloving relationships or divorce have successfully overcome their marriage problems by participating in this program.

The *Retrouvaille* program consists of a weekend experience combined with a series of 6-12 post-weekend sessions. The program provides the tools to help heal a troubled marriage. The main emphasis of the program is on communication between husband and wife. It provides the opportunity to rediscover each other and examine their lives together in a new and positive way.

Physical Considerations: None.

Time commitment: The weekend plus post-weekend sessions.

Serra Club

Contact info: Bill Davis
946-5782

Description: The Serra Club of the Tri-Cities involves members from six local parishes. The main objectives are to foster and promote vocations to the ministerial priesthood and all religious vocations in the church. The Serrans develop a spirituality to develop religious vocations.

The Serra Club rotates where the meetings are held – rotating among the six local parishes. A dinner meeting is held on the first Saturday of every month, and a prayer meeting is held every third Tuesday of the month.

The Serra Club of the Tri-Cities works closely with the **Vocations Committee** of Christ the King. The goal of the Vocations Committee at Christ the King is to increase awareness for religious vocations through prayer in our parish. There are many other groups which focus on discernment, encouragement, promotion and aid for vocations. The committee's intention is to lend support through prayer to those groups such as the work at our Diocese, Serra Club, Knight of Columbus, YLI and others for an increase in vocations to the priesthood and religious life. This committee meets on the third Wednesday at 6:30 p.m. with one of the assistant pastors present.

The Vocations Committee:

- Cares for four vocation crucifixes which are available for loan to parishioners for devotions and prayers
- Prays the "Prayer for Vocations" daily
- Has the DVD, "Fisher's of Men" available for loan to parishioners
- Attends adoration of the Blessed Sacrament on Sundays from 2 – 3 p.m.

The Vocation Committee and the Serra Club are open to all adults and youth who have a desire to foster religious vocations through prayer. Anyone interested should call the contact person for further details.

Physical Considerations: None.

Time commitment: Generally requires a few hours per month.

Spiritual Exercises in Everyday Life (SEEL)

Contact info: Ellen Tomaszewski
627-2908
Email: spiritualexercises@msn.com

Description: The Spiritual Exercises in Everyday Life (SEEL) are powerful prayer exercises in the form of one-hour personal daily prayer, monthly group meetings, and individual meetings with an assigned director. SEEL closely follows the Spiritual Exercises of St. Ignatius of Loyola and is affiliated with the Oregon Province of the Jesuits. With trained lay spiritual directors from the Roman Catholic tradition SEEL offers:

- **An opportunity to share your spiritual life with a trained director**
- **New and/or deeper prayer methods**
- **A deeper understanding of discernment**
- **A group that supports and shares with you**

Each retreat participant is asked to commit to the following:

- Write the story of your journey toward God
- Spend an hour daily in personal prayer for seven months (after the Preparation Days Retreat is finished)
- Be willing to discuss your prayer life, feelings, values, and deep desires with your director at least one hour every two weeks
- Attend the two-hour monthly meetings with other participants
- Keep a journal of your prayer experiences
- Be willing to fully commit nine months (September through May) to the retreat. (This may require setting aside other commitments.)

SEEL begins with a five-week prayer experience called the Preparation Days Retreat. Participants are asked to pray for 15 or more minutes a day with scriptures provided. The Prep Days Retreat includes weekly meetings with guided meditations and short presentations on Ignatian spirituality, group spiritual direction at the weekly meetings, and individual daily prayer. There is no requirement for a person making the Prep Days Retreat to continue to the full Exercises; however, the Prep Days Retreat is a pre-requisite for anyone wanting to make the full, nine-month Spiritual Exercises.

Visit the website at www.spiritual-exercises.com/SEEL Tri-Cities.

Physical Considerations: None.

Time commitment: Explained above.

Parish Services

Angels of Mercy Fund

Contact info: Parish Office 946-1675

Description: This fund, administered by the pastor, provides help for parishioners in real financial need. The fund is supported by the parish. Potential applicants make their appeal directly to the pastor.

Donations are always needed to replenish funds used for emergency aid. Anyone wishing to make a contribution to the Angels of Mercy Fund should designate that on their check or donation envelope.

Catholic Christian Jail Ministry

Contact info: Mikhail Alnajjar

205-8169 or Email: deaconalnajjar@ckparish.org

Description: In 2009, Christ the King Parish, through Deacons Mikhail Alnajjar and Al Rizzo, instituted a much-needed outreach ministry program to visit inmates at the Benton County Jail. Some inmates who attend the group discussions are Catholics; all are interested in learning about the Catholic faith and Christianity in general. They are wounded, hurting, and in need of spiritual healing. Having been ostracized and cast away from ordinary life, the inmates come seeking the Lord Jesus who alone can reconcile and make new. At present, the team visits male inmates, with hopes that in the future the team can expand the outreach to adult females and juvenile inmates.

Let us not forget that Jesus himself was incarcerated during His life on earth, and, if we look hard enough, He can still be found in the jail.

Most inmates come from broken or non-existent homes, and from their early years live a pain-filled existence. As they move into their adult lives, they look for ways to escape the emotional and psychological pain inflicted upon them. Drinking and drugs are a very common escape mechanism, and eventually they start stealing to “feed” their habit. It is the stealing and other illegal activities that usually land them in jail. Another cause of their incarceration is violence. Their pain-filled lives, coupled with drugs, make them easy prey to violence. It is their pain and spiritual emptiness that draws them to search for God.

This ministry’s message of faith, hope, love, healing, forgiveness, and redemption in this life resonates with a very deep need in their spirits. Those who attend the group sessions commonly reach out to experience God, and it deepens the team’s faith experience to see God responding to their spiritual needs. Psalm 34 reminds us that the Lord is close to the brokenhearted, and as members of the jail ministry team, it is indeed a privilege to see the Lord visibly fulfilling His Word. As the psalmist says, God will not spurn the contrite and humbled.

Anyone interested in joining the team and would like more information about this life-giving ministry, please contact Deacon Mikhail Alnajjar.

Christ the King Quilters

Contact info: Jan Jacobs
396-2750
Email: janyli42@gmail.com

Christ the King Quilters meets each Thursday morning from 8:30 to 11:30 in the Bride's Room, which is located off of the Gathering Space. There are some sewing machines available for general use, or people can bring their own machines to use.

The goal of the Quilters is to provide quilts for charity. The group makes tied lap quilts for Hospice, Catholic Family Services Elder Care, and some other organizations when needed. The Quilters group also makes the raffle quilt for Sausage Fest each year, as well as for other organizations' gala events, such as Tri Cities Prep, Red Cross, the Neurological Center, St. Pat's, to name a few.

The Quilters group is open to any adult or youth interested in quilting for charity. The group accepts donations of fabric, thread and batting. Anyone interested should call the contact person, or just come on Thursday mornings to the meetings. There are no dues.

Physical considerations: Available transportation to the church.

Time commitment: A few hours per week; not mandatory to attend the meeting each week.

Funeral Lunches

Contact info: Jan Jacobs
396-2750
Email: janyli42@gmail.com

Description: After the death of a parishioner, the parish office contacts the family and offers to provide food for the family and guests following the service. The food, typically a lunch, is served in the Gathering Space following the funeral or memorial service. The parish provides the meats, bread, coffee, punch, plates, cups and eating utensils. Volunteers participating in this ministry are contacted and asked to provide salads, desserts, and relish plates. Volunteers also have the opportunity to serve the food and clean up following the event. This ministry is open to youth through adult volunteers. Anyone interested in assisting with Funeral Lunches, please contact Jan.

Physical Considerations: Light lifting, walking, available transportation and stairs may be involved.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per year.

Gardening for God

Contact info: Lou Ann Schielke
375-0183
Email: dahlialou@msn.com

Description: The ministry of Gardening for God plants and maintains the flower bed at the entrance to the church, providing a welcoming entrance to the church. The ministry also cares for the Mary Garden, providing a peaceful place for contemplation.

Volunteers plant and maintain a flower garden in the space on Stevens Drive during the warmer months, and provide care for non-vegetation during the winter months. In the Mary Garden, volunteers prune bushes during the growing season, care for the rose garden, plant flowers in large pots near the statue, and perform general yard maintenance for the entire area, including watering. The ministry is open to youth through adult volunteers.

Physical Considerations: Lifting, walking, available transportation and agility to perform outdoor gardening.

Time commitment: Can be tailored to volunteer's schedule. For the entrance flower bed, a single visit during the week is usually sufficient to weed and cut back dead blooms. For the Mary Garden, two or three short visits per week are required for watering, weeding and cutting back flowers, depending on temperature.

Gift Shop

Send inquires to: Teri Ahlers
Email: ahltm@msn.com
Or
Karen Daniel
Email: rdaniel60@gmail.com

Description: The Parish Gift Shop is located on the lower level of the church near the parish office and offers a wide array of Catholic merchandise for special occasions and for every day use. The shop provides an inviting selection of bibles, Catholic resources, prayer cards, books, teaching aids, jewelry and more! Volunteers staff the Gift Shop and assist customers with the merchandise.

Gift Shop Hours:

Summer Hours (Mid-June to Mid-September)

Fridays: 8:30 a.m. – 12:30 p.m.

Sundays: 9:00 a.m. – 1:00 p.m.

And after LIFETEEN Mass every Second Sunday of the month

Regular hours (Mid-September to Mid-June)

Monday through Friday: 8:30 a.m. – 12:30 p.m.

Sundays: 9:00 a.m. – 1:00 p.m.

And after LIFETEEN Mass every Second Sunday of the month



Considerations for volunteers: Light lifting, mobility, and basic math skills are required.

Time commitment: Two hour shift one day a week. Or split a shift with a friend and work every other week.

Parish Council and Parish Finance Committee

Parish Council Description: The Parish Pastoral Council represents the parish community as a whole and serves in an advisory capacity to the pastor. The mission of the council is to enhance a sense of spirit and community within the parish, and to foster a greater sense of belonging within the body of Christ.

In addition, the council organizes the Parish Ministry Fair to provide parishioners an opportunity to become familiar with or better acquainted with the various organizations/ministries within the parish. The Ministry Fair is staffed by one or two members of each ministry who are available to answer questions and encourage more volunteers to participate.

The council also organizes the Sharing Tree at Christmas time. Through the Sharing Tree, parishioners provide gifts and toiletries for those in need. All ages can participate in this program.

Parish Finance Committee Description: The Parish Finance Committee serves in an advisory capacity to the pastor on matters related to the finances of the parish. This committee prepares the annual budget and monitors performance in comparison to the budget on a monthly basis. The committee provides liaison to the Parish Council on the financial condition of the parish, and it provides oversight of the school finances.

Time commitment: A few hours each month.

Parish Council contact info: Yvonne Sherman
783-1591
Email: ysherman@clearwire.net

Parish Finance Committee contact info: Bob McCullugh
946-1675

Parish Library

Contact info: Julie Murphy
572-0220
Email: jem99999@gmail.com

Description: Christ the King Parish Library lends printed and recorded materials for the spiritual benefit of the parish community and for the glory of God. The objective is to support the church's teaching by making resources available to patrons within a helpful, welcoming atmosphere. The target audience is the Christ the King parish community, its ministries and fellow Catholics of all ages. Lending materials can also be made available to the community at large.

The Parish Library provides dedicated space for any ministry to make its reference materials available to its members or the parish at large. In addition, the library has bookshelves for church resources and free materials

Volunteers staff the library, catalog books and media, provide IT and computer support, assist library visitors in locating information, and assist anyone who comes in needing help.

Library hours:

Saturdays after 5:00 p.m. Mass

Sundays after each Mass

Wednesday evenings from 6 – 8 p.m. chosen to support religious education classes

Thursday evenings from 5 – 7 p.m. chosen to support religious education classes

Visitors are always welcome whenever someone is working in the library.

Considerations for volunteers: Lifting, mobility, available transportation, some computer skills and good people skills are required.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per month.

Post-Abortive Situations – Anyone wishing to seek help regarding a post-abortive situation is asked to call Deacon Ross Ronish at 627-6484 or the Parish Office at 946-1675.

Rummage Sale

Contact info: Margaret Davis
946-5782

Description: Christ the King Rummage Sale is a popular event held the second week in June in the school cafeteria. Throughout the year, parishioners are invited to drop off gently used clothing, household items, small tools, sporting goods, toys, games and miscellaneous things which can be sold at the Rummage Sale. Volunteers sort and price the donated merchandise and arrange things for sale to the public. During the sale, volunteers staff the event. All proceeds from the sale are given to the parish. This ministry is open to volunteers of all ages.

Physical Considerations: Light lifting and available transportation are required.

Time commitment: Can be tailored to volunteer's schedule; most volunteer hours are needed in June.

St Anne's Helpers

Contact info: April Burris
946-6856
Email: burrifam1@frontier.com

Description: The ministry of St. Anne's Helpers provides meals to parish families when a new baby joins the family. Usually, meals are delivered every other day for a period of two weeks. Anyone can notify the contact person for St. Anne's Helpers of a family with a new baby.

The ministry was created to provide support for families of the parish, to foster relationships and allow volunteers the opportunity to show Christ's love to one another. Volunteers prepare and deliver nutritious meals to a family after the birth of a baby or when the mother is on bed rest. This allows Moms and Dads time to focus on their new family without the daily distraction of dinner preparation.

Physical considerations: Available transportation and a willing hand are required.

Time commitment: Depends on how frequently the volunteer wishes to participate.

St. Vincent de Paul

Contact info: Rick Guerra
946-1325 (message line)

Description: The Christ the King St. Vincent de Paul is affiliated with the national SVDP Society. The mission of the CK Society is to help meet the needs of the poor in our community while following the rule of St. Vincent.

The rule of St. Vincent emphasizes meeting the people served in their homes. Members receive requests for assistance from a message hotline, and then return the calls of potential clients to better understand their situation. If a visit is appropriate, two members arrange to meet with the callers to discuss their need.

The CK Society meets Tuesday evenings for a short meeting to discuss the calls taken for the week and assign visits. Clients' requests include utility assistance, food, furniture, transportation, and temporary lodging. Members also refer clients to other organizations for additional help.

The CK Society provides assistance to residents of Richland, West Richland and Benton City. The Society also works with the Parish Council on the annual Christmas food baskets for the needy. Volunteers who work with this ministry attend meetings, take messages from the message hotline, return calls, and meet with clients.

For its annual budget, the CK Society depends on the donations of parishioners.

Physical considerations: Light lifting, walking (including occasionally climbing stairs), and driving.

Time commitment: Can be tailored to the volunteer's schedule, but generally two to five hours per month.

Social Justice and Peace Committee

Contact info: Mary Sisk
946-0486 or

LeRoi Rice
943-6296

Description: The mission of the Social Justice and Peace Committee at Christ the King Parish is to serve as a resource and catalyst for the work of social justice and peace. Social justice denotes pursuit of the common good through respect for all people, equitable representation of all, and equitable sharing of resources. Peace denotes harmonious relationships among individuals, groups, and nations and nonviolent responses to conflicts that arise. Working for social justice and peace involves education, advocacy, and action to influence policies, structures, and institutions so they work toward the common good and a peaceful society. Education, advocacy, and action is based on Catholic teachings on social justice and peace, which call us to examine ourselves and our attitudes. The Committee pursues issues and actions that address: human life and dignity; the value of differences in ethnicity, gender, race, religion, and ability; the rights of all people, especially those who are socially, politically, or economically disadvantaged; nonviolence in personal, community, and global relationships

The Social Justice and Peace Committee's work is based on our relationship with God and supported by the prayer and sacramental life of the committee and parish. The committee may work with other parishes, churches, and organizations to pursue common interests. For more information, please call one of the contacts listed above.

The Committee holds a prayer service, "Vespers for Peace," in the Blessed Sacrament Chapel every Thursday evening (except during Lent) at 5:30 p.m. The service is based on the Liturgy of the Hours, lasts about 20 minutes, and everyone is invited to participate. Also, a reading rack is maintained in the vestibule of the church.

Meetings of the Committee are on the second Monday of the month at 7:15 p.m. in the Children's Chapel. Anyone who attends Christ the King church is welcome to attend and provide input to the Committee.

Physical Considerations: Available transportation to attend the meetings.

Time commitment: Generally requires a few hours per month.

Sunday Nursery

Contact info: Toni Schumacher
554-1536
Email: sch.etc@clearwire.net

Description: Spend some quality time with the Lord! The nursery is open during the 9:30 a.m. and 11:30 a.m. Sunday Mass, and is located in a room off of the Gathering Space. It is provided as a service to parishioners with children from one to three years of age.

The Nursery also provides child care to parishioners' children for special programs, some Bible Study courses, and other events. The child care for this type of activity must be pre-arranged through the parish office. There is always a staff person, who has passed a background check and has had CPR training, present when children are at the nursery.

Anyone interested in volunteering for the nursery to assist the staff should contact Toni to make arrangements.

Physical considerations: Mobility, ability to carry or pick up a young child, and capable of following through with a pre-arranged schedule.

Time commitment: Several hours per month.

Visitation Ministry

Contact person: Elizabeth Owczarski and Renee Martinez
946-1675
Email: visitation@ckparish.org

Description: The Visitation ministry serves parishioners who are not able to attend Mass and regular parish services due to injury or illness. The visitation team carries the Holy Eucharist to those who wish to receive it, provides fellowship of the church to the homebound, and provides grief support where applicable.

When a parishioner is admitted to Kadlec Medical Center, the parish office is to be notified so a member of the pastoral care team can visit the patient and offer the Holy Eucharist and prayer support. Members of the team also visit residents at their homes, and at facilities such as the Life Care Center, Wynwood, Eagle Rehabilitation, Quail Hollow, Guardian Angel, Riverton, and Richland Gardens.

Volunteers working in the Visitation ministry find that their outreach strengthens their personal faith, while those they are ministering to are thrilled to know someone in the church remembers them. Volunteers are needed to reach out to others through this ministry.

Physical Considerations: Walking, available transportation and ability to handle stairs are required. For those delivering the Holy Eucharist, it is necessary to be commissioned to do so.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per month.

Walla Walla Prison Ministry

Contact info: Mike Simmons
375-4835
Email: mjidsimm@charter.net

Description: A few Catholic volunteers have been visiting the state prison in Walla Walla on Sunday mornings for many years to conduct Eucharistic services for Catholic inmates and to personally visit prisoners in the various wings.

New volunteers for this vital ministry are always welcomed, and encouraged to contact Mike Simmons for more information and application forms.

...For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me. Matthew 25:35-36.

Physical considerations: Non-felon male age 21 or older in reasonably good health because a lot of walking is required.

Time commitment: Involves about six hours each week. With more volunteers, this can be reduced.

Weddings

Ceremony Coordinators: Carol Geier-Melton

375-3023

Email: melton@alumni.caltech.edu

Toni McCarthy

371-1044

Email: emm2bpm@charter.net

Description: The Ceremony Coordinator assists the wedding couple and priest or deacon with some of the details before the ceremony. The coordinator meets with the bride and groom well in advance of the wedding to discuss options available and offers contact information for music. At the time of rehearsal, the coordinator is present, and she will set up the flowers, candelabras, tables, etc. in advance of the ceremony as well as do the cleanup. A minimal fee is charged for this service.

Reception Coordinator: Eileen Weakley

946-1365

Description: The YLI (Young Ladies Institute) will do the set up and take down for a wedding reception following the ceremony. For a nominal fee, the YLI provides set up in the cafeteria, serves punch, cake and coffee, and will do the clean up. If a caterer is involved as well, the YLI will coordinate with the caterer for set up.

Parish Social and Recreational Activities

Adult Recreation: Basketball

Contact info: Tom Reisenauer
628-2100
Email: reisenauersdump@gmail.com

Description: Open gym (CK school gym) basketball is available every Friday night during September through May for anyone interested in playing.

Christ the King participates in church league basketball through the City of Pasco Parks and Recreation. The CK team plays one to two nights a week. Team registration is in November.

Anyone interested in playing league basketball or coaching a team is encouraged to contact Tom or come to open gym basketball for more information.

Physical Considerations: Preference is for 18 years and older.

Time commitment: Generally requires a few hours per month.

Birthday Club

Contact info: Rosalie Campbell
946-6542

Description: The Birthday Club is a group of ladies who meet the second Wednesday of each month to celebrate those who have a birthday during that month. The birthday ladies select the restaurant for that month.

There are no gifts or cards presented, which means no cost to attend other than the lunch. Any lady of the parish is invited to attend a Birthday Club luncheon, and the group welcomes new people at any time.

If you are interested in coming to the next luncheon, please call Rosalie for details. It is a fun group to be part of!

Catholic Singles (ages 35 – 50)

Contact person: Kay Kaffer
946-1154 ext. 222
Email: kay@ckparish.org

Description: Christ the King Catholic Singles provides social events for the 35 – 50 age group at various times throughout the year. Some of the activities are for adults only, while other events include children.

Volunteers are needed to help organize events for this group.

CK Dads Group

Contact person: Mike Douglas
628-9311
Email: gotodougs@aol.com

Description: CK Dads Group is a group of CK Dads (parish and/or school) interested in doing what guys do best – get together, fix things, BBQ, and perhaps even enjoy a beverage. Often the families are invited to the BBQ following the work party.

The purpose of the CK Dads Group is twofold: bring the guys together to foster friendship and community, while at the same time, performing various maintenance and repair projects in and around the school. Examples of projects the group has worked on include installing new lockers in the school, move furniture, update the school's restrooms, paint inside the school and gardening around the parish buildings.

Anyone interested in joining the CK Dads Group is encouraged to email Mike or visit the school's website at www.ckschoolrichland.org and follow the link to CK Moms and Dads Group.

CK Moms Social Group

Contact person: Shannon Douglas
628-9311
Email: gotodougs@aol.com

Description: CK Moms Social Group consists of women and mothers from CK Parish and/or CK school. The group gets together once a month to foster friendship and community. Sometimes the group gathers at someone's home in the morning for coffee, and children are welcome to join the moms. At other times the group comes together over wine

in the evening at a home, which is a moms only event. Anyone who wishes to host an event is asked to contact Shannon.

Anyone interested in joining the CK Moms Social Group is encouraged to email Shannon or visit the school's website at www.ckschoolrichland.org and follow the link to CK Moms and Dads Group.

Scouting

Girl Scouts

Contact info: Judy Pottmeyer 628-8922
Email: sackpott@aol.com

Description: A number of Girl Scout troops are active at Christ the King, starting with Daisies (kindergarten and 1st Grade), through Brownies (2nd -3rd grade), Juniors (4th – 5th grade), Cadettes (6th – 8th grade), Seniors (9th – 10th grade) and Ambassador Girl Scouts (11th – 12th grade) in High School.

The girls in the troops perform a number of service projects in the community, and they participate in a wide range of activities ranging from camping and outdoor skills to sewing, theater, and sports. The troops develop leadership skills, and most importantly, they have FUN.

Both girls and adults in the parish are welcome to join as the troops explore the power of girls!

Anyone interested in joining Girl Scouts or serving as a troop leader or helper should contact Judy Pottmeyer.

Physical Considerations: Any school-aged girl interested in scouting, and any adult interested in working with the girls.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per month.

Boy Scouts

Contact info:

Brian Merkel	Scott Lewis	Jhivaun Freeman-Pollard
Scoutmaster	Committee Chair	Unit Commissioner
627-2746	946-3937	628-0948
Email: merkelbrbc@hotmail.com	saisalewis@frontier.com	free-pol@hotmail.com

Description: Christ the King Catholic Church has continuously sponsored the Boy Scouts of America Troop 249 since 1947. Troop 249 currently has around 50 registered youth and 35 registered adults. Boys may join the Troop if they are less than 18 years old and have completed the fifth grade, or are at least ten and have earned the Arrow of Light Award as a Webelo.

The boys meet weekly for 1.5 hours plus they go on monthly outings. They are organized by patrols within the troop and have the opportunity to:

- elect their youth leaders
- develop leadership skills
- participate in outings (e.g., campouts, hiking, backpacking, canoeing, swimming, summer camp, winter camping, snow sports, etc.)
- learn skills (e.g., first aid, orienteering, knots, cooking, camping, swimming, etc.)
- earn merit badges (e.g., categories include hobbies, sports, fitness, careers, conservation, outdoors, science, personal development, public service, etc.)
- earn religious medals
- earn awards
- compete with other Troop patrols at camporee and Klondike events
- conduct one annual troop fundraiser (sprinkler blow-outs)
- and much more.

Troop 249 has produced 69 Eagle Scouts so far in its 63 years as a troop. This is a proud tradition that volunteers can help ensure is available to future generations of boys.

Adults without youth in the Troop are encouraged to join in the fun and share their hobbies, skills and be role models for the youth.

2nd Sunday Coffee/Parish Social Activities

Contact info: Helen Robinson
396-3933
Email: helenrobinson@charter.net

Description: The goal of this ministry is to bring all parishioners together and to reach every age group. This committee plans and coordinates parish-wide social activities such as second Sunday coffees, soup suppers during Lent, social aspects of parish missions, receptions following First Communion, Confirmation, Graduation, picnics, and other special events.

Volunteers to assist with this ministry are encouraged to contact Helen for further details. This ministry is open to adult and youth volunteers.

Second Sunday Coffee : Meet your parish family the second Sunday of the Month after each of the Sunday morning masses. Each month a different parish group supplies servers for the donuts, bagels and juice and information about their organization. The parish supplies coffee, juice, donuts, bagels and rice cakes for those with gluten allergies.

Physical Considerations: Light lifting, mobility and available transportation.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per month.

SOLOs (Sharing Our Lives with Others) – Singles over 50

Contact person: Kay Kaffer
946-1154 ext. 222
Email: kay@ckparish.org

Description: The purpose of the SOLOs group is to offer social events for singles over 50 years of age. One such event is a group breakfast at a restaurant the last Sunday of each month at 9:30 a.m.

Volunteers are needed to help organize other events for the SOLOs group.

Young Adults (ages 18 – 35)

Contact person: Tom Huntington
943-0535 or 554-4271
Email: tccyam@gmail.com

Description: Christ the King is one of five Tri City parishes participating in Tri Cities Catholic Young Adult Ministry. The vision for the ministry is to:

- provide a safe, Catholic environment for young adults to meet, develop healthy relationships and grow in faith together
- make programs and activities available to young adult Catholics to help them deepen their faith, build up the body of Christ and live faithful Christian lives
- help Catholic young adults connect to ministry, their parish, and the Catholic Church

Anyone between the ages of 18 – 35 looking for fellowship, spiritual growth, fun, or friendship is welcome! New people are very welcome. The group includes any of the following: singles, married couples, single parents, college students, or working professionals.

Some activities done throughout the year include movie nights, attending Mass together, bowling, Theology-on-Tap, BBQ's, book discussions, prayer and scripture study, game nights, outdoor activities, service projects and concert venues.

Anyone interested in finding out more about the group is invited to contact Tom or visit www.tccya.org. A calendar of events is available online, along with more information on TCCYA. Don't miss out!!

Physical considerations: Participants must be 18-35 years of age.

Time commitment: Depends on the level of involvement; one to two hours per week is typical.

Bishop Dougherty #214 Young Ladies Institute (YLI)

Contact info: Pat Ehlert Membership Chairman -946-6474 or email: gr8danz@frontier.com
Deb McGrogan –Current President – 375-1009 or email: idmsl@frontier.com

Description: The Young Ladies Institute (YLI) is a national Catholic women's (16 and older) organization founded by and for women over 100 years ago in San Francisco. It promotes friendship, spiritual development/guidance and service. The local YLI provides scholarships and life insurance for its eligible members, supports the various parish and school activities, raises funds for seminarians in the diocese, provides assistance for Catholic Family and Child Services, supports the retired Sisters of the Holy Names of Jesus and Mary and arranges social activities for its members. The Institute at Christ the King was organized in 1955 and retains strong ties not only with its own members but also with the members of the five Sister Institutes that comprise District 16 of Eastern Washington throughout the diocese and the 8,500 members across the four states the YLI encompasses: Washington, Oregon, California and Hawaii. The local Institute is approximately 135 members strong! There is an active Prayer Chain within the YLI for petitioning the needs of its members, their families and friends.

The Bishop Dougherty #214 Young Ladies' Institute of Christ the King Parish blends all women regardless of age, race, or marital status. Its members experience support in mental, physical and spiritual needs. Members provide rides to/from meetings, socials, doctor appointments, and visit each other in their homes, and stay in contact by phone and email. When a need arises, members find a way to meet that need. Anyone interested in joining the YLI should contact the membership chairperson or president for more information.

Physical Considerations: Mobility, available transportation.

Time commitment: Generally requires a few hours per month; depends on the volunteer's level of involvement.

Youth Ministry

Contact info: 509-946-1154

Middle School Activities: Melissa Montenegro ext 234

Email: melissa@ckparish.org

High School Activities: Mary Seidler ext 228

Email: mary@ckparish.org

Middle School Youth Group (MSYG) provides fun-filled activities for all youth in the 6th, 7th and 8th grades, regardless of their church affiliation. All attendees are encouraged to bring a friend to participate in activities such as game nights, holiday parties, service projects, skate nights, and bowling nights. Events are held once a month on a Friday night in the Youth Center from 6 – 8 p.m. and are chaperoned by a group of dedicated adult volunteers.

The Middle School Youth Group also participates in three Middle School Mandatory Fun Nights (MSMFN) throughout the school year. These evenings take place on three Wednesday nights in the Christ the King School gym from 7-8 p.m. Hosted by the Life Teen MSMFN team, MSMFN provides middle school students with a chance to make new friends, play games and hear an inspirational message from an MSMFN team member.

For more information about the MSYG activities, please refer to the website:

www.ckmsyg.com

Anyone interested in volunteering to assist with activities and be involved with the middle school youth is encouraged to contact Melissa.

High School – LIFETEEN has a goal to give every teen who walks through the doors of Christ the King an authentic experience of Christ Jesus. One way LIFETEEN tries to accomplish this is through the high school youth nights called Life Nights. Life Nights are open to all high school teens and take place on Sunday from 7 p.m. – 8:30 p.m. in the Gathering Space. This follows the Youth Mass on Sunday at 6 p.m., where the high school youth attend and/or participate in different roles of the Mass.

Teenagers find Life Nights an inspiring place to fellowship with other young Catholics, as well as a place where they can foster a sacramental relationship with Christ. Life Nights are energetic and engaging catechetical sessions. Core team members facilitate each Life Night, developing relationships with the teens and leading them closer to Christ.

Visit the Christ the King Life Teen Blog site, add Mary as a friend on facebook (Mary Seidler) and check the bulletin to find all information regarding high school youth.

7th – 12th Grade-CRASH (CK Recreational After School Hours) All students in 7th-12th grade are welcome to come to the Christ the King Youth Center on Wednesday afternoons after school until 5 p.m. CRASH provides students with a safe place supervised by adult volunteers for students to complete homework, socialize with other students and spend time with the high school and middle school Youth Ministers.

Christ the King School–1122 Long Ave.–Richland

Title	Name	Phone	Email
CK School Office Office hours: 8:00 a.m. – 3:30 p.m.		Phone 946-6158 Fax 943-8402	www.ckschoolrichland.org
Principal	Nicole Anderson		nanderson@ckschool.net
Vice-Principal	Melody Reed		mreed@ckschool.net
CK School Kitchen	Angela Huber		ahuber@ckschool.net
School Advisory Commission	Lance Amato	628-3898	theamatos@yahoo.com
Home & School	Mary Hull	539-3830	3hulls@charter.net
CK Moms Group	Shannon Douglas Michelle Portch	628-9311 371-1445	gotodougs@aol.com
CK Dads Group	Mike Douglas	628-9311	gotodougs@aol.com

Mission of Christ the King School

Christ the King School exists as a center of learning where individuals' values are recognized and their God given talents and powers are given responsible direction. Our goals are growth in faith, excellence in education and development of the unique potentials of each student.

Description: Christ the King School has classes from kindergarten through eighth grade, with a hot lunch provided each day. Transportation to/from the school is provided by Ben Franklin Transit.

It is the school's belief that Christ is the center of the school environment. Christ is the unseen but ever-present teacher in the classes, the model of the faculty, and the inspiration of the children and their parents.

Christ the King School believes in the freedom, value, dignity, and integrity of its students. Catholic schools integrate faith with learning and with all of life. There is an emphasis on prayer, respect, and the development of Christian behavior. Religion is taught to each student who attends Christ the King School. Catholic textbooks and supplementary material for these classes are approved and recommended by the Diocese of Yakima. Second graders are prepared for the reception of the sacraments of Reconciliation and Holy Eucharist by their teacher and their parents.

It is the school's belief that parents have the primary responsibility for their children's education, and therefore are expected to play an active part in school life. The parish and school community complement the parent's role. Together, the school and home work to follow the teachings of Jesus Christ with the guidance of the Holy Spirit.

All students participate in liturgies and prayer services. Liturgies are prepared by students with the help of their teachers. School Masses are held monthly. Parents are invited to join the parish school community for these Masses and liturgies.

For more information on Christ the King School, visit: www.ckschoolrichland.org

Christ the King School Fundraisers

Sausage Fest

Contact info: 2010 Sausage Fest Chair: Chris and Ann Oehman
375-0957 or 392-1583;
cksfchair@yahoo.com

2011 Sausage Fest Chair: Daryl and Laura Miller
270-7242
cksfchair@yahoo.com

Description: Sausage Fest is a two-day event featuring local foods, live entertainment, sports and game booths, indoor and outdoor Biergartens with bands and a select wine bar featuring Tri-Cities and Columbia Valley's own wines, arts and crafts, a produce market and more. It is a weekend of community spirit and family fun for all ages! Hundreds of volunteers, including parish school students, their parents, parish members of all ages, and non-parish folks, join together for a fun-filled weekend to work on this major school fundraiser. Held on the third weekend of September, it is one of the largest events in the Tri-Cities. The proceeds go to the operation of the parish school. The best way to find out about all the different ways to become involved with Sausage Fest is to go online at ckparish.org and go to Life at Christ the King – Sausage Fest. The team for Sausage Fest is ALWAYS looking for new workers and volunteers! What a great way to make new friends too! Anyone interested in being involved with Sausage Fest can contact the chair persons any time of the year.

Physical Considerations: Lifting, walking, driving and stairs may be involved. More strenuous physical activity would be required of construction and maintenance workers. Making contact with volunteers by phone or email is also needed.

Time commitment: Can be tailored to volunteer's schedule and depends on level of involvement.

Christ the King School Auction

Contact info: Suzy Merz
1-360-521-3827;
Email: contact@ckauction.org

Description: The annual auction occurs in the spring time, and consists of an evening of local wine and beer served with heavy hors d'oeuvres, live music, a student philanthropy project, and a silent and live auction. Volunteers organize the evening, which includes obtaining event sponsors and donated auction items.

The Christ the King School Auction provides a great opportunity to spend an evening with other school supporters while benefiting the school. The proceeds from the evening go to fund operations and special needs such as new curriculum material.

Physical considerations: Willingness to help, ability to make phone calls and make contact by email.

Time commitment: Can be tailored to volunteer's schedule and depends on level of involvement.

Christ the King School Golf Tournament

Contact info: Brad Anderson
943-2313
Visit: www.CKGolfTournament.org

Description: Annual Gold Tournament held in the Tri Cities, played in a scramble format, and open to all levels of golfers. The tournament includes a number of golfing challenges throughout the round such as Longest Drive Competition, Closest to the Pin and the Marsh-mallow Drive.

The tournament includes a dinner, which is included in the entry fee. An awards ceremony follows the dinner, along with Fund-an-Item and a raffle. Proceeds from the Fund-an-Item go specifically to that item, such as new bleachers, while proceeds from the rest of the tournament activities help support school operations.

The Golf Tournament provides a great opportunity to participate in the community of Christ the King school, while enjoying a game of golf.

Physical considerations: Love for golf, willingness to help organize the event.

Time commitment: Depends on level of involvement.

Christ the King Checks Program

Contact info: Paula Jackson 396-9589 or email: pmjbaker@charter.net
Laura Miller 270-7242 or email: lmpcmiller@gmail.com

Description: CK Checks is a convenient, yearlong fundraising program that benefits the school, allowing funds to be distributed to the general fund to be used as seen fit by the financial committee.

The CK Checks program purchases gift cards for various vendors at a set reduced price. CK Checks then makes the gift cards available to the public for the regular retail purchase price. For example, CK Checks can purchase a \$100 Land's End gift card for \$85 (15% discount). When CK Checks sells the Land's End card, it is sold for \$100, netting a \$15 profit for the school.

There is a wide variety of vendors participating in this program, and the discounts vary with each vendor. There are gift cards available for most every need.

CK Checks makes the gift cards available for purchase after school hours each Wednesday and Friday in the cafeteria, through the Wednesday communication envelope which is sent home with CK students each week, and during Second Sunday Coffee during the school year.

Volunteers are needed to sell the cards at designated locations and times.

Physical considerations: A willingness to help.

Time commitment: Can be structured to meet the volunteer's schedule.

CK Dads Group and CK Moms Group – included in Christ the King Parish Social and Recreational section.

Associations Related to the Parish

Catholic Family & Child Services (CFCS)

Contact info: Maureen McGrath
509-946-4645
mmcgrath@cfcstricities.org

Description: CFCS provides counseling for individuals and families, foster care, parenting and childcare classes, maternity counseling and adoption services. CFCS also provides programs to help teens make a successful transition to adulthood. Elder services include provision of basic home assistance and friendly visitation, the two volunteer programs help seniors and adults with disabilities remain as independent as possible for as long as possible, preferably in their own homes. Please see the following page: Volunteer Chore Services for additional information.

Participants: CFCS depends on the services of volunteers. This ministry is open to individuals who may want to join a team of volunteers and bring their special gifts to help others in need. Volunteer work may include helping participants within the individual programs that CFCS has to offer or may include helping with larger events such as the Annual Gala Auction Event. In addition to needing volunteers, CFCS is always in need of financial donations and gently used items for the maternity programs. If you are unable to volunteer you might care to donate a small financial contribution, maybe even a car or vacant home. Referring someone in need is yet another way to help.

Physical Considerations: Depends on the type of volunteer work.

Time Commitment: The time spent on this ministry depends on the volunteer's involvement.

CFCS Volunteer Chore Services

Contact info: Jael Torres
545-6145
Email: jtorres@cfccities.org

Description: Volunteer Chore Services (VCS), a program of Catholic Family & Child Service, provides basic in-home assistance to low-income elders and adults with disabilities to help them continue living independently, safely, and with dignity in the comfort of their own homes. All services are provided solely through the generosity of individual and group volunteers who donate their time and talents to help someone in need.

VCS staff provides training, encouragement, and support to the volunteers so that together we can become a vital community of caregivers to our friends and neighbors.

Individuals may request services if they are: over 60 and low income or between the ages of 18 and 60, low income, and disabled.

Participants: This ministry is open to individuals who are willing to volunteer their time to provide valuable services such as:

- Minor home repairs
- Wheelchair ramps
- Yard work
- Shopping
- Transportation for appointments and errands
- Light housekeeping and laundry
- Snow shoveling

Physical Considerations: Lifting, walking, driving and stairs may be involved. More strenuous physical activity would be required for yard work, construction, and other household maintenance.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per month.

Central Washington Catholic Foundation

Contact info: Dan Fortier

Email: info@cwatholicfoundation.org

Description: The Central Washington Catholic Foundation (CWCF) focuses on serving Central Washington. CWCF supports faith-based and other works in Benton, Chelan, Douglas, Grant, Kittitas, Klickitat, and Yakima counties.

CWCF is an independent foundation with a 501(c)(3) status as a nonprofit organization, which relies solely on generous supporters and not on any church donations. The majority of annual payouts go to educational institutions through the form of scholarships and grants.

The CWCF was founded in the fall of 2002 by four individuals with no money yet a vision to make a philanthropic difference in their own communities. Since its humble beginnings, CWCF has given out nearly a million dollars. The resources are dedicated to help schools and other agencies, especially, but not limited to Catholic entities.

Mission Statement: The mission of the Central Washington Catholic Foundation is inspired by the gospel of Jesus Christ. The purpose of this independent corporation is to support and enhance philanthropy and charitable activities for the needy, disadvantaged and faith-oriented worthy causes in the counties of Benton, Chelan, Douglas, Grant, Kittitas, Klickitat, and Yakima in Central Washington.

Anyone interested in becoming involved with CWCF is encouraged to contact Fr. Sam. More detailed information is available on the website: www.cwatholicfoundation.org.

Time commitment: Dependent on level of involvement.

Elijah Family Homes

Contact info: Barb Puigh, President
Rev. Richard Nordgren, Executive Director
783-7077
Email: elijahfamilyhomes@clearwire.net
Website: <http://www.elijahfamilyhomes.org>

Description: Elijah Family Homes (EFH), a faith-based organization, serves families with low-income who do not qualify for public housing. It fosters self-sufficiency, hope and dignity through stable housing and supportive services for families in recovery.

EFH began as a ministry of Christ the King Church, as a result of the JustFaith class and the Social Justice & Peace Committee. It has become a separate nonprofit corporation. With Fr. Champoux's blessing, EFH has kept an affiliation with the parish.

EFH provides transitional housing while parents are completing education and beginning employment. Tenants pay a share of the rent on a sliding scale, based on ability to pay.

EFH requires accountability while providing friendship and role models. Tenants have regular contact with volunteer mentors. Random drug tests are required if drug abuse was in their history. Clients and mentors attend monthly community meetings to address common problems, learn skills and have fun. One measure of success is that EFH-supported children have remained in the same school while in the program.

As part of a supportive community network, EFH works to meet the growing needs of families who are homeless in Tri-Cities, Washington . . . *helping one family at a time.*

Volunteer Information:

Volunteers provide operational support including office work, help with the community meetings, mentoring and tutoring. Volunteers also assist with maintenance of properties through work teams and training tenants to become more self-sufficient. In addition, adults can become members of the Board of Directors and work on subcommittees, the annual fund-raising event or Christmas party for families. Both adult and youth volunteers are welcome.

Physical Considerations: Willingness to help in whatever capacity one can help.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per month or as needed.

Forty Days for Life

Contact info: Tom McGarry
943-4648
Email: t.mcgarry2@frontier.com

Description: 40 Days for Life is a focused pro-life effort that consists of:

- 40 days of prayer and fasting
- 40 days of peaceful vigil
- 40 days of community outreach

People pray that with God's help, this groundbreaking effort will mark the beginning of the end of abortion in the local cities and throughout America.

While all aspects of 40 Days for Life are crucial in the effort to end abortion, the most visible component is the peaceful prayer vigil outside the local abortion (or Planned Parenthood) facility.

Everyone is invited to participate in this focused effort to end abortion. Please visit the website at: www.40daysforlife.com for broad information and www.40daysforlife.com/tricities/ regarding local activities in the Tri-Cities, to access the vigil schedule, how to get involved, events, and how to donate.

Physical considerations: None. If not able to join the prayer vigil, one can always pray and fast from home.

Time commitment: Depends on the volunteer's involvement.

Holy Angels Home School Group

Contact info: April Burris
946-6856
Email: burrifam1@frontier.com

Description: Holy Angels Home School Group is a Catholic Tri-City regional group that offers support to home schooling families. The group has gatherings to celebrate the liturgical year, offers classes and information to local Catholic home schoolers. The group is often found hosting events such as Lenten Soup Suppers, Thanksgiving Feast, All Saints and Epiphany parties.

Anyone interested in learning more about the Holy Angels Home School group is encouraged to contact April. The group is open to have more home schoolers join them.

Physical Considerations: None.

Time commitment: Depends on the involvement with the group.

The Knights of Columbus

Contact info: President: Mikhail Alnajjar
627-4680
Email: alnaj05@msn.com

Church liaison: Kevin Linn
375-0465
kevin@thehumbleservant.com

Description: The Knights are a fraternal society of Catholic men founded over 100 years ago in Connecticut. It is dedicated to the principals of charity, unity, brotherly love and patriotism. The Knights supports the church as well as each other providing service, spiritual formation and social support.

Council 3307 was organized over forty years ago and meets at the K. of C. Hall off the by-pass highway. Knights of Columbus Council 3307 has a regular program of activities that will interest most Catholic men. Your participation as a Knight in these activities will benefit you and strengthen your Church, the Community, and Council 3307.

As Knights, the goal is to emphasize the principles of the Order; Charity, Unity, Fraternity and Patriotism. Any catholic man is invited to help in accomplishing these goals.

For more information on services provided, visit the website at www.kc3307.org

Physical Considerations: Lifting, walking, driving and stairs may be involved. More strenuous physical activity would be required of yard work, and construction, and other household maintenance.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per month. Council meetings are held twice a month on the second and fourth Wednesdays in the Council Home located at 2500 Chester Road, West of Highway 240 and just south of Van Giesen. These meetings are the regular business meetings of the Council with reports of activities, refreshments and fellowship with Brother Knights following the meetings. A color TV and a comfortable lounge are available for your enjoyment.

Knights Community Hospital Equipment Lend Program (H.E.L.P.)

Contact info to request equipment: 946-4645 (Catholic Family and Child Services)

Description: The Knight's Community Hospital Equipment Lend Program (The KC HELP) is an independent non-profit 501(C)(3) corporation that operates with the Knights of Columbus and Catholic Family and Child Services.

The KC HELP provides standard hospital room equipment to people in need to use in their home, such as wheelchairs, lift chairs, hospital beds, over-the-bed tables, bath and shower chairs, portable bathroom equipment, etc. This equipment is available free of charge, and it will be delivered, set up, and picked up free of charge.

Anyone who is willing to help with this worthwhile program is encouraged to contact the Knights of Columbus. Also, if anyone has equipment that they would like to donate to KC HELP, please call 946-4645, and someone will assist you with your tax-deductible donation.

To visit KC HELP on line, go to www.kc3307.org and click on H.E.L.P.

Physical Considerations: Lifting, driving and stairs may be involved. More strenuous physical activity would be required if a large piece of equipment needs to be transferred and set up.

Time commitment: Can be tailored to volunteer's schedule, but generally requires a few hours per month.

Natural Family Planning

Contact info: www.lourdeshealth.net
(509)524-3036 or
shira.wise@lourdesonline.org

Description: Lourdes FertilityCare™ Center instructs women and couples in the Creighton Model System. This system was developed by Dr. Thomas W. Hilgers, MD, OBGYN at Creighton University Medical School in Omaha, Nebraska. This system can be used to achieve or avoid pregnancy, and help to identify and treat many gynecologic disorders. The system is taught by trained allied health professionals called FertilityCare™ practitioners who go through a rigorous training program affiliated with the Pope Paul VI Institute.

Lourdes Fertility Care™ Center works in collaboration with Dr. Ted O'Donnell, MD (East Wenatchee) and Dr. Elma T. deLeon, MD, OBGYN (Pasco), certified medical consultants who have also completed a training course in NaPro Technology through the Pope Paul VI Institute. Our physicians are trained to use the Creighton Model Chart to diagnose and treat women's health problems in cooperation with the natural procreative cycle.

We provide health education services for:

- achieving pregnancy
- avoiding pregnancy
- timing conception
- pregnancy evaluation
- NaPro Tracking
- SPICE instruction

We are able to monitor, maintain and evaluate cycles for:

- infertility
- miscarriage
- maintaining pregnancy
- irregular cycles
- hormone problems
- PMS
- ovarian cysts
- unusual bleeding
- effects of stress

For more information, please visit the website at: www.lourdeshealth.net.

This program is brought to Christ the King at various times during the year, and offered throughout the Tri-Cities community monthly in both English and Spanish. Class schedules can be found online or by calling 509-524-3036.

Three Rivers Autism Outreach

Contact info: Bill Peters
946-8174
Email: Qkey22@gmail.com (first letter is a Q)

Description: Three Rivers Autism Outreach is a group of people on the autism spectrum trying to connect with others on the spectrum.

A growing number of children and adults are being diagnosed on the autistic spectrum. As such, there is a need in the Tri-Cities for people to find support and connect with others in similar circumstances.

Anyone is welcome to come to the social group events, which are held once a month. The Outreach has a wide range of attendees – adults who are highly functional to those who are nonverbal. Any and all ages are welcome to participate from adults and teens to younger children. Parents must accompany their children and remain with them at the socials.

To find out the time and location for each monthly social, please contact Bill Peters.

Tri-Cities Food Bank

Contact info: John R. Neill, Executive Director
Bob Zinsli, Operations Manager
943-2795
Email: tcfoodbank@frontier.com

Description: The Tri-Cities Food Bank is an all volunteer, non-profit organization in which over 100 volunteers are involved in collecting and distributing food to low-income people living in Richland, West Richland, Kennewick, Benton City, and rural Benton County in Washington State.

Needy families may receive supplemental food once every two weeks. To qualify as a Food Bank recipient, a statement of need is requested along with identification papers establishing residency within the areas served. Proof of income is not required.

Families receive a variety of groceries including: meat, eggs, margarine or butter, canned goods, rice, beans, flour, pasta products, bakery items, and miscellaneous other foods.

To volunteer at the Food Bank, contact the Food Bank at 321 Wellsian Way in Richland or call Bob at 943-2795 weekday mornings.

Christ the King parishioners are asked to bring non-perishable food items with them to church the last weekend of the month. These donated items are collected in the church foyer, and then picked up by the Food Bank for distribution.

Physical considerations: To volunteer at the facility, one needs to have available transportation.

Time commitment: Time can be adjusted to the volunteer's schedule.

Tri-Cities Human Life

Contact info: Bill Davis
946-5782

Description: Tri-Cities Human Life is an affiliate of Human Life of Washington, and as such sends an annual letter soliciting funds for pro-life ads in various media, and the local chapter provides volunteers for the Tri-Cities Human Life booth at the Benton-Franklin County Fair.

Volunteers are needed to help with the annual solicitation and to provide manpower at the fair booth. Anyone interested in supporting these efforts should contact Bill Davis.

Information on Human Life of Washington

Our mission is to reestablish throughout our culture, the recognition that all beings of human origin are persons endowed with intrinsic dignity and the inalienable right to life from conception to natural death. To accomplish this restoration, we use peaceful and lawful means of educating and motivating the human heart.

GOALS

Through educational, legislative, and judicial efforts, we seek reform in our culture's understanding of:

- ***PERSONHOOD***

The recognition of a dignified and comprehensive definition of "human person."

A return to the critical assumption that all beings of human origin should be considered "persons," and treated as such.

- ***VIEW OF LIFE***

Recognition and promotion of the intangible contributory dimensions of happiness, success, and love by family, social, religious, educational, business, and political communities.

Response to the spurious belief that some human lives have "quality" while others do not; cultural consensus that all human life has intrinsic value and immeasurable worth.

A dignified community response to human suffering; one which views compassion as "suffering with" the other.

- ***FREEDOM AND RIGHTS***

A cultural attitude which embraces common responsibility in its pursuit of ethics and freedom.

Legal and cultural respect for the inalienability of rights.

A restoration of fidelity to the objective priority of inalienable rights.

A cultural philosophy which unites individual rights with the common good.

Tri-Cities Prep High School

Contact info: Administrative Office
546-2465
www.tcprep.org

Mission: Tri-Cities Prep, a Catholic High School, is dedicated to providing the highest quality academic instruction in a faith-centered environment. While preparing students for higher education, Tri-Cities Prep strives to form Christian leadership spiritually, intellectually, physically and culturally. A high moral standard within the Judeo-Christian tradition provides the cornerstone for assisting students in making sound decisions for a full and successful life. Guided by the Gospel values of love and justice, students are challenged to critically seek the truth and dedicate themselves to the improvement of their community and the service of others. In keeping with the Mission Statement, Tri-Cities Prep seeks to graduate students prepared for leadership and service.

The following are the goals that Tri-Cities Prep believes are essential to the mission and Catholic heritage upon which the school is founded.

A Faith-Centered Community

Tri-Cities Prep is a faith-centered community that nurtures a life-long hunger for God. Students, faculty and staff join together to live out the Gospel values of peace, justice and love.

Character Development of the Whole Person

Tri-Cities Prep educates the whole student, fostering personal responsibility and dedication to growth. Students are encouraged to take responsibility for growth as persons and to embrace the values of integrity and excellence in all dimensions of their lives.

Commitment to Academic Excellence

Tri-Cities Prep is committed to instilling in its students a deep respect for intellectual values. Students are challenged by the highest standards of academic performance in a college preparatory curriculum.

Social Justice and Service

Tri-Cities Prep educates students to a social awareness that impels them to action. Students are guided to look beyond themselves and to reach out in compassion to those wronged by injustice.

Cultural Diversity

Tri-Cities Prep actively seeks to include and serve all cultural communities in the Tri-Cities. Prep strives to be accessible to all who want to benefit from a Catholic, college preparatory education.